

# Scholar-Athlete Success

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Being a Scholar-Athlete will undeniably translate to my future success. It persuades me to manage my time and strive to achieve a high education while living a healthy lifestyle. Also, being a Scholar-Athlete motivates me to communicate well with others using sportsmanship and comradery. These aspects will be carried into my future and practiced to strengthen my character.

Being a Scholar-Athlete helps me manage time by working hard in school and participating in sports. In the future I plan to attend a four year university. While in college, students must learn to allocate their time properly between their studies and extracurricular activities. Engaging myself to do my best in high school and take part in sports aids my development to organize my time successfully.

My drive to do well in school and to live a healthy lifestyle is reinforced by being a Scholar-Athlete. In today's society, there are many growing health issues. Building a physically active life now, will help me develop a routine that will help me maintain a healthy mind and body in the years to come. In addition, cross country training includes not only running and muscle building but also learning how to establish nutritious eating habits.

Being a Scholar-Athlete will impact my future success by influencing how I work with others. Sports involves many interactions with other students and adults. Cooperation is a characteristic that people expect to see in society. Also, a social person is benefitted by a cooperative characteristic. The comradery and sportsmanship are things that I will continue to apply to my yet to come events in life.

In conclusion, as a Scholar-Athlete my future is very bright because of all of the useful and beneficiary characteristics that it creates. It will prepare me for my college, career, and life. My success in time management, a healthy lifestyle and cooperative work ethic will ensure my attainment of all my future endeavors.